

## Mandarin Spinach Salad with Chicken

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#### 1 [HMR Savory Chicken Entree](#)

3 cups baby spinach

¼ cup canned, sliced water chestnuts

½ cup canned garbanzo beans

½ cup canned Mandarin oranges, drained

2 tablespoons thinly sliced red onions

2 tablespoons low-calorie vinaigrette salad dressing

1. Heat the entree for 30 seconds.
2. Cut the chicken into diagonal strips.
3. Add canned vegetables, oranges, and red onions. Toss gently.
4. Add spinach. Toss again.
5. Drizzle with salad dressing.

**Calories: 370**

**Vegetable Servings: 2 ½**

**Fruit Servings: ½**

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**Try These Other Veggie Mix-ins:** Stewed tomatoes, mushrooms, corn, green beans, carrots, or your favorite vegetables